

CERTIFICATE OF PARTICIPATION

This is to certify that

Arno Lourens

Has successfully participated & completed the
10km Cowhouse Spring Trail Run 2017
held at Cowhouse Market.

TIME 01:10:03

PACE 07:00/km
OVERALL 23 of 41

GENDER 11 of 21
OPEN 6 of 11

28 October 2017, Sat

Date



BoutTime

Signature

